

# Chakras and Mantras

## Marie Manuchehri, RN

Mantras for Session 2, Track 7 of *How to Communicate with Your Spirit Guides*

1. Thank you universe for my awareness of my spirit guides. May our relationship grow in every way, each and every day.
2. I am grateful for my continued awareness and communication with my energetic allies.
3. Thank you guides for encouraging me on my path and for showing me again and again the truth of my incredible existence.

**SOUNDS TRUE**

*Many voices. One journey.*

BC02581W